Building a healthier workforce through integrated benefits.

Combining UnitedHealthcare medical benefits with specialty coverage such as dental, vision and disability plans may result in improved employee health outcomes, increased productivity and lower costs for employers.

A smarter approach to integrated benefits.

Data makes a big difference.

Through Bridge2Health® — UnitedHealthcare’s integrated approach to employee benefits — we’re able to analyze data to get a better picture of employees’ health enabling us to:

1. Increase member engagement in clinical care programs.
2. Collaborate with health care providers to help close gaps in care.
3. Reduce medical costs for employers.
4. Provide employers customized reports that offer actionable data and insights.
5. Deliver a simpler experience for members.

Why it’s important.

1 in 2 workers in the U.S. has a chronic condition.¹

Chronic conditions like heart disease, diabetes, respiratory disease and arthritis call for care that can span multiple health benefits.¹

65 work days are missed each year (per employer) due to diabetes alone.²

$1,685 is the average cost of absence per employee each year.³
How Bridge2Health helps improve health outcomes.

Bridge2Health may benefit those with UnitedHealthcare medical benefits and these specialty plans:

**Dental**
Persons with both diabetes and periodontal disease, the program cross-checks dental and medical health claim data to determine if they have missed recommended periodontal treatments or cleanings, then proactively follows up to help schedule recommended dental treatments or cleanings, which have been shown to reduce inflammation and improve diabetes management.

**Disability**
For persons recovering from back surgery, the program’s case managers can help facilitate home health care to assess the safety of the home to help reduce the risk of falls, while also coordinating home physical therapy. All shown to help people focus on healing and get back to work sooner.

**Vision**
For persons with hypertension, our team proactively follows up with a phone call reminder for an annual eye exam, which can help detect potential complications related to this condition and help them better manage their blood pressure and help avoid complications.

**Critical Illness**
For persons recovering from a heart attack, program case managers can share resources addressing heart disease and chronic heart failure, including educational materials to improve diet and lifestyle. Support and improved engagement may lead to improved health through better management of one’s weight, blood pressure and blood sugar levels.

**Hearing**
Persons with untreated hearing loss, experience higher rates of depression, dementia, impaired learning and increased risk of falls. By helping expand access to more affordable, quality hearing health care options, we can help address those issues and enhance people’s overall well-being.
How we helped Grace recover faster. Grace underwent surgery to resolve her ankle and foot pain. As she recovered at home, her case manager was able to give her the help she needed.

Grace didn’t feel safe navigating her home alone.

Her case manager connected her to home health care for help with dressing changes and assessing the safety of her home.

Grace needed help recovering at her home.

Her case manager coordinated home physical therapy. Grace was referred to a social worker for help around the house and for rides to see her doctor.

Grace was frustrated due to her decreased mobility.

Her case manager referred her to the employee assistance program (EAP). Grace received resources in coping with stress and anxiety.

Grace was thankful for the personal assistance she received from her care team. She healed faster and is back at work feeling better than ever.
How we know it works.

- 42% of employees return to the dentist after outreach.  
- 62% re-engagement in care by diabetics after receiving a comprehensive eye exam. 
- 93% case management nurse satisfaction rating. 
- $1,450+ in medical savings per referral following a disability claim.

Learn more.

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